

Summer 2013

LIFE UNIVERSITY

HIGH SCHOOL RUGBY CAMPS



Open to rising 8th graders through graduating Seniors

High School Boys Rugby - July 9-12  
Position-Specific Skills - July 13 & 14  
Elite Competition Camp - July 15-19



LIFE UNIVERSITY  
RUGBY

Life University Athletics  
ATTN: Rugby Dept.  
1269 Barclay Circle  
Marietta, GA 30060  
770-426-2616 ext 1486



LIFERunningEagles.com



Facebook.com/RunningEagles



twitter.com/liferugby



## REGISTRATION

*Detach, complete and return to secure a spot. Enrollment is limited and will be filled on a first come first served basis.*

Complete form and return with payment, or payment information, to:  
Life University, Rugby Office, 1269 Barclay Cir., Marietta, GA 30060.  
Cancellation policy: full refunds will be given for cancellations before  
June 28, 2013.

Participant Name \_\_\_\_\_ Position \_\_\_\_\_ Shirt Size \_\_\_\_\_  
Entering Grade \_\_\_\_\_  
Parent Name \_\_\_\_\_  
Home Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Primary Phone Number \_\_\_\_\_  
Camper's E-mail \_\_\_\_\_  
High School or Club \_\_\_\_\_  
USA rugby CIPP number \_\_\_\_\_  
Roommate Request \_\_\_\_\_

### Check Camps for Enrollment: (check all that apply)

- Elite Competition-Overnight Camper Cost \$500/Commuter \$400
- Position-Specific-Overnight Camper Cost \$200
- High School-Overnight Camper Cost \$450/Commuter \$350

**Payment information:** Please make checks payable to Life Rugby or fill out credit card information below.



Credit card:  MasterCard or  Visa  
Card Number \_\_\_\_\_ Security Code \_\_\_\_\_  
Expiration Date \_\_\_\_\_  
Cardholder Signature \_\_\_\_\_  
Amount to Charge \$ \_\_\_\_\_  
I authorize Life University to use images taken that may include my  
child/dependent in the promotion of LIFE's Rugby Camps  
(signature) \_\_\_\_\_

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**LIFE** UNIVERSITY

HIGH SCHOOL **RUGBY**  
**CAMPS**



### High School Boys Rugby Camp - July 9-12

The staple of the Life U Rugby camp menu, this will be the 4th annual summer for our HS Boys Rugby Camp. Campers are organized according to age and skill level. The week focuses on teaching all of the many aspects that go into becoming a successful rugby player: all skills, diet, strength and conditioning, and much more. The final day concludes with a competitive match.

Experience level – Beginner to Advanced  
Overnight Camper Cost \$450/Commuter \$350

### Position-Specific Skills Camp - July 13 & 14

This camp provides two days of intensive technique and training for your specific position. Players can choose between Front Row, Lock, Back Row, Scrum half, Flyhalf/Center or Back 3 and focus on those specific skills and decision making traits required for each position.

Experience level – Beginner to Advanced  
Overnight Camper Cost \$200/Commuter \$150

### Elite Competition Camp - July 15-19

Having offered this camp for the first time last summer, we're excited about building on last year's success. We will increase space for additional campers to enroll in an attempt to accommodate the strong demand built from last year's camp. The Elite Competition Camp focuses on skill development and coaching built around live matches. Campers will be arranged into teams and assigned a coaching staff that will work with them throughout the week. During the week there will be multiple live matches for each team. The matches will be video-taped and the video breakdown will be presented back to the player/team by their coaching staff. Adjustments, teaching and player development will be the focal points as the coaching staff works to improve and prepare the players/team for the next competition. The live environment is a great learning opportunity for all players.

Experience Level – Intermediate to Advanced  
Overnight Camper Cost \$500 /Commuter \$400



## Coaching Staff

### Dan Payne

- Director of Rugby, Life University
- Forwards Coach, United States National Team

### James Isaacson

- Former professional player at prop and hooker in England
- Men's Team Head Coach, Life University

### Tui Osborne

- Former US National Team player in 15s and 7s
- Head Sevens Coach, Life University

### Scott Lawrence

- Defense Coach, Life University
- Head Coach for the 2012 United States Under 20 Junior World Trophy Champions

**Additional Staff:** Camp counselors and staff will consist of Life University coaching staff and current players.

**Medical Staff:** Fully licensed and trained medical staff on site and present for all sessions.

### Special Guests and Lecturers:

**Mike Tolkin** – Head Coach, US Men's National Team

**Mike Petri** – Current US National Team Player & 4X All-American at Penn State

**Paul Emerick** – Represented the United States in the 2003, 2007 and 2011 World Cups. Most appearances, 56, for any back in U.S. team history

**Todd Clever** – US National Team Captain and professional rugby player in Japan

**Luke Gross** – Former professional player in England. Appeared in more than 60 matches for US National Team. Currently the High Performance Director for USA Rugby

To Learn More: [LifeRunningEagles.com](http://LifeRunningEagles.com)